

# Supplement Facts

Serving Size: 2 tablets

Servings Per Container : 45

Amount Per Serving		% Daily Value
Calcium (as calciun carbonate)	1000mg	100%
Magnesium (as magnesium complexes)	500mg	125%
Vitamin D (as cholecalciferol)	200 IU	25%
Zinc (as zinc complexes)	25mg	167%
Betaine HCl	100mg	*
Glutamic Acid HCl	80mg	*

\*Daily Value not established

**Other ingredients:** Stearic acid, microcrystalline cellulose, croscarmellose sodium, magnesium stearate, silicon dioxide, hydroxypropyl methylcellulose