

dietmasters

COMPLETE NUTRITIONAL PROGRAMS AND PRODUCTS

Food-Based Men's Multivitamin



No Minimum Orders!

Overview

Our Food-Based Men's Multi formula provides all the essential vitamins and minerals necessary for optimal health in one a day convenience. These vitamins and minerals are transported in a food base which means that nutrients are added to a base of whole foods and herbs; research indicates this increases absorption and utilization. When nutrients are combined with food, they are as close to food as possible. The whole foods in this formula contain anthocyanins (antioxidant flavonoids), carotenes, chlorophyll and flavonoids. All of these components are recognized as being vital to good health.

The majority of Americans do not get the essential nutrients they need from diet alone, and our soils are depleted of vital vitamins and minerals. In addition, today's stressful lifestyle can quickly deplete the body of the vitamins, minerals and nutrients it needs to stay healthy. Supplementation is vital for optimal health, and food based nutrition is a viable option that provides not only vitamins and minerals, but also countless phytonutrients. This powerful blend of vitamins, minerals, bioflavonoids, whole foods, and herbs provides the comprehensive nutritional support lacking in today's traditional diet.

Our Food-Based Men's Multi is available in 60 and 120 count tablets.

Recommended Dosage

Take 1 tablet daily with a meal.