

Nutrition Facts				
Serving Size: One Scoop (28.8g)				
Servings Per Container : Approximately 16				
Amount Per Serving	% Daily Value			
Calories	104			
Calories from Fat	6			
Total Fat	<1g	1%		
Saturated Fat	<0.5g	2%		
Trans Fat	0g	0%		
Cholesterol	17mg	6%		
Total Carbohydrate	8g	1%		
Dietary Fiber	0g	0%		
Sugars	6g	**		
Protein	16g	32%		
Calcium	56mg	6%		
Sodium	48mg	2%		
Stevia	40mg	**		
L-Leucine	100mg	**		
L-Valine	100mg	**		
L-Isoleucine	100mg	**		
L-Glutamine	100mg	**		
* Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.				
	Calories:	2000	2500	
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2400mg	2400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	
Calories per gram:				
Fat	9	Carbohydrate	4	
			Protein	4
** Daily Value not established				

Ingredients: Cross-Flow Micro Filtered and Ultra-Filtered Whey Protein Isolate, Micro-Filtered Whey Protein Concentrate, Fructose, Dutch Cocoa, Natural Chocolate Flavor, Natural Vanilla Flavor, Ion-Exchanged Whey Protein Isolate, Hydrolyzed Whey Protein Concentrate, Xanthan Gum.

PHENYLKETONURICS: CONTAINS PHENYLALANINE

Contains no milk, egg, fish, shellfish, tree nut, wheat, soy, artificial colors, flavors or preservatives.