

# Nutrition Facts

Serving Size: One Scoop (21.5g)  
Servings Per Container: Approximately 34

| Amount Per Serving        |               | % Daily Value |
|---------------------------|---------------|---------------|
| <b>Calories</b>           | <b>80</b>     |               |
| <b>Calories from Fat</b>  | <b>5</b>      |               |
| <b>Total Fat</b>          | <b>&lt;1g</b> | <b>1%</b>     |
| Saturated Fat             | <0.5g         | 2%            |
| Trans Fat                 | 0g            | 0%            |
| <b>Cholesterol</b>        | <b>17mg</b>   | <b>6%</b>     |
| <b>Total Carbohydrate</b> | <b>2g</b>     | <b>1%</b>     |
| Dietary Fiber             | 0g            | 0%            |
| Sugars                    | 0g            | **            |
| <b>Protein</b>            | <b>16g</b>    | <b>32%</b>    |
| Calcium                   | 56mg          | 6%            |
| Sodium                    | 48mg          | 2%            |
| Stevia                    | 50mg          | **            |
| L-Leucine                 | 100mg         | **            |
| L-Valine                  | 100mg         | **            |
| L-Isoleucine              | 100mg         | **            |
| L-Glutamine               | 100mg         | **            |

\* Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

|                    | Calories: | 2000         | 2500    |
|--------------------|-----------|--------------|---------|
| Total Fat          | Less than | 65g          | 80g     |
| Sat Fat            | Less than | 20g          | 25g     |
| Cholesterol        | Less than | 300mg        | 300mg   |
| Sodium             | Less than | 2400mg       | 2400mg  |
| Total Carbohydrate |           | 300g         | 375g    |
| Dietary Fiber      |           | 25g          | 30g     |
| Calories per gram: |           |              |         |
| Fat                | 9         | Carbohydrate | 4       |
|                    |           |              | Protein |
|                    |           |              | 4       |

\*\* Daily Value not established

**Ingredients:** Cross-Flow Micro Filtered and Ultra-Filtered Whey Protein Isolate, Micro-Filtered Whey Protein Concentrate, Natural Vanilla Flavor, Ion-Exchanged Whey Protein Isolate, Hydrolyzed Whey Protein Concentrate.

## PHENYLKETONURICS: CONTAINS PHENYLALANINE

Contains no egg, fish, shellfish, tree nut, wheat, soy, artificial colors, flavors or preservatives.

**Allergen Information:**  
Manufactured in a facility that processes dairy products, soy, wheat (octacosanol) and crustacea (glucosamine sulfate).