

# dietmasters

COMPLETE NUTRITIONAL PROGRAMS AND PRODUCTS

## Food-Based Women's Multivitamin



No Minimum Orders!

### Overview

Our Food-Based Women's Multi is a multivitamin, mineral, and herbal formula that provides all the essential nutrients necessary for optimal health. This formula utilizes a proprietary super-food blend to deliver nutrients to the body which means nutrients are added to a base of whole foods and herbs. When combined with food, these nutrients are as close to food as possible. Research indicates that consumption of food based multivitamins increases absorption and utilization resulting in extra nutritional support. The whole foods in this formula contain anthocyanins (antioxidant flavonoids), carotenes, chlorophyll, and flavonoids. This comprehensive formula also contains herbs designed to provide additional support for women's health.

The majority of Americans do not get the essential nutrients they need from diet alone, and our soil is depleted of vital vitamins and minerals. In addition, today's stressful lifestyle can deplete the body of the vitamins, minerals and nutrients it needs to stay in optimal health. Food based nutrition is a viable option that provides not only vitamins and minerals, but also countless phytonutrients and invaluable herbal support.

Our Food-Based Women's Multi is available in 60 and 120 count tablets.

### Recommended Dosage:

Take 2 tablets daily with a meal.

### Cautions

- If you are pregnant or lactating, consult a health care practitioner prior to taking this product.